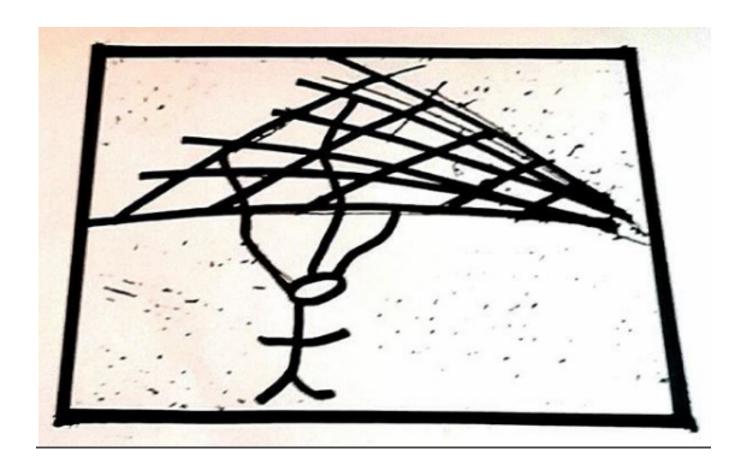
RUNNING GRIDS



The running of grids is always to bring them into balance. It is not for us to decide what that balance looks like, but to run grids as guided (if guided), or begin to notice them running energetically in our environments.

The grid(s) running currently as I write this is about how some of the 'founding

father's' faces on the big rock at Mount
Rushmore were slave owners. I don't recall
that grid ever being 'up' in my lifetime;
meaning to my awareness- that conversation has
not been hot news a lot of people were aware
of throughout my life- and yet here it is now.

That grid is 'up' and 'running', like so many others (police brutality, black lives, riots, vaccinations, hospitals, ventilators, illness, masks, germs, virus etc), because a great number in the collective are looking at it, thinking about it, talking about it, experiencing it, considering it, and ultimately redefining what these aspects mean to them.

< 'You' running a grid versus asking the
Universe to run a grid >

"I run the grid of peace for the world"

The grid of peace will run on me first, bringing to balance all the areas within me and through the grid matrix where I am not in alignment with peace, where I block peace and withhold peace. Then the energies will use me as a base to send the grid of 'peace for the world' forth to all areas that it will be received to run to balance, for the highest good of all.

"Universe, run the grid of peace for the world"

The universe will run the grid of 'peace for the world' from the outside and outer-reaches of the grid matrix/universe- from all the places where peace is ready to 'run'/be present in the world energetically... then the grids will work their way 'in' to running on me. The grids run from the 'outside - in'. This happens instantaneously, by the way.

Expanded Examples:

If I am guided, I can say "I <u>run the grid</u> of perfect justice for the indigenous peoples of America".

ME as a receptacle to run the energy through. All of my conscious/unconscious/subconscious views on how this should be done or what this looks like will get run to balance FIRST, so that it matches as close as it can- the most neutral pattern collectively.

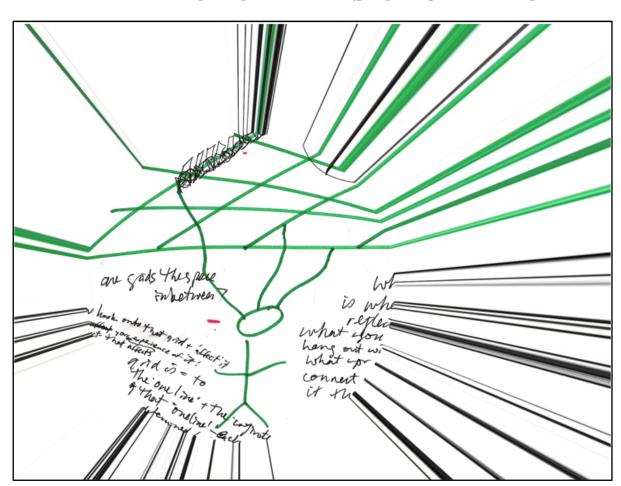
All of the thousands, or millions of grids I may be connected to regarding that aspect will RUN on my memories, judgments, beliefs, past life trauma etc, and that gridiry (my cellular/holographic memories) will become a circuit board for all like energies to 'run through me to balance' (which can be exhausting — cause a sense of 'depletion').

of justice for the indigenous peoples', which works from the furthest reaches of the collective gridiry regarding that aspect— from the points in creation of all injustice towards indigenous peoples in America, ever perceived/experienced/created/believed/impleme nted etc, as held in the grid as memory—through all time, space and dimensions.. and eventually those grids running on you at the point they have been most distilled and refined in relation to your own beliefs and such about it.

Running grids 'from you', or from the universe', is not a bad thing, nor a good thing. It just changes the way the energy runs and can offer a different experience.

When you run a grid from yourself, it runs on you first, then the energy runs out through

all connected people, places, and things through the universe.



DEPLETION or EXPANSION of ENERGY?

When you run grids from YOU, you are saying <u>USE ME</u> as a conduit to RUN all the polarity of this, first.

That grid will run on YOU first. Your experience of 'depletion' is only relative to how many polarized grids YOU hold about it, and are connected to, through that grid; how much pain you have connected to it, polarity, judgments, past life experience/memory/ and more, via yourself, your history and personal con/uncon/subcon experience with 'it'(the grid being run). This includes how much you have said USE ME as a conduit for this, either in a past life, or now....(and those contracts can be re-written).

And No, you don't have to become depleted. If one is truly guided to run a grid from themselves; "I run the grid of____", there is a dance in that, that one learns over time and a space that serves.

Your experience of 'depletion' is your healing, if you take it as such. Yet it doesn't have to run like that and put you in bed, though it can. Often all it takes is our

awareness that a grid can be run for it to actually run of its own accord, but that's the next level of all of this. First, we learn about running grids.

Everyone feels this work differently. You may be guided to use it solely for your personal healing. When it's personal, you are encouraged to run grids on yourself/from yourself with intention.

You can simply hold the intention that the grids you will speak are FOR YOU, and so not have to constantly state "This is for me".

Once your intention is clear, you can ramble off a bunch of grids and know the universe knows they are for you, from you! So much more on this, but for now- yes you can also clearly state that grids you are running are for you.

State:

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"For myself, I now run the grid of ".
0r
"I run the grid of detachment for myself".
***Or just by merely knowing clearly your
intention is to run grids on YOU,
specifically- you can state a bunch in a row ...
I run the grid of peace
I run the grid of clarity
I run the grid of grounding
I run the grid of kindness
I run the grid of patience
I run the grid of grace
I run the grid of organization
I run the grid of procrastination
I run the grid of being inspired
I run the grid of not giving a fuck
I run the grid of perfect health
I run the grid of being gentle with myself
I run the grid of my mystic vision
I run the grid of listening to others
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What grids would you run for yourSelf now?

Write out ten just like the above. Three you will share in class!

Love, Tuesday